

## **TX Essential Caregiver Visitation and Infection Prevention/Control Policy**

### Conditions for Essential Caregiver Visitation Indoor/Outdoor:

- There may be up to two permanently (2) designated essential caregiver visitors per resident. Only one essential caregiver at a time may visit a resident.
  - The visit may occur outdoors, in the resident's bedroom, or in another area in the facility that limits visitor movement through the facility and interaction with other residents.
  - Essential caregiver visitors do not have to maintain physical distancing between / themselves and the resident they are visiting but must maintain physical distancing between themselves and all other residents and staff.
  - The resident is encouraged to wear a face mask or face covering over both the mouth and nose if able throughout the visit.
  - The Community must develop and enforce essential caregiver visitation policies and procedures, which include:
    - a written agreement that the essential caregiver understands and agrees to follow the applicable policies, procedures, and requirements;
    - training each designated essential caregiver on proper personal protective equipment (PPE) usage and infection control measures, hand hygiene, and cough and sneeze etiquette;
    - wearing a face mask and other appropriate PPE recommended by CDC guidance and the facility's policy while in the assisted living facility;
    - expectations regarding using only designated entrances and exits as directed;
    - limiting visitation to the outdoor visitation area, the resident's room, or other area of the facility that limits the visitor's movement through the facility and interaction with other residents;
  - The Community must prohibit visitation by the essential caregiver if the resident has an active COVID-19 infection.

### The essential caregiver must:

- wear a face mask over both the mouth and nose and any other appropriate PPE recommended by CDC guidance and the facility's policy while in the Community;
- sign an agreement to leave the facility at the appointed time unless otherwise approved by the facility;
- self-monitor for signs and symptoms of COVID-19;
- not participate in visits if the designated essential caregiver has signs and symptoms of COVID-19, active COVID-19 infection, or other communicable diseases; and
- not participate in visits if the resident has an active COVID-19 infection.

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- All visitors will be screened as provided in the emergency rules, except for those participating in vehicle parades, prior to the visit. Visitors who meet any of the following screening criteria must leave the facility property and reschedule the visit:
- fever or signs or symptoms of a respiratory infection, such as cough, shortness of breath, or sore throat;
- signs or symptoms of COVID-19, including chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea;
- additional signs and symptoms as outlined by the Centers for Disease Control and Prevention (CDC) in Symptoms of Coronavirus at [cdc.gov](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing);
- contact in the last 14 days with someone who has a confirmed diagnosis of COVID-19, is under investigation for COVID-19, or is ill with a respiratory illness; or
- no positive COVID-19 test result within the last 10 days.

Infection Prevention and Control and PPE Use:

- The visitor must complete the Community designated training prior to visit
- The visitor and resident must follow hand hygiene protocols, and the facility will provide hand washing stations or hand sanitizer to the resident and visitor before and after the visit
- The visitor must wear a face mask or face covering over both the mouth and nose throughout the visit
- Maintain social distance of at least six feet with staff and residents, and limit movement in the facility
- The facility will clean and disinfect the visitation area per CDC guidance before and after the visit
- The facility must monitor visitor adherence to the appropriate use of masks, PPE, and social distancing

*My signature below indicates that I understand the facility's visitation and infection prevention and control policies. Additionally, my signature verifies that I have been educated on the use of PPE, hand sanitation, and social distancing.*

\_\_\_\_\_  
Visitor Signature

\_\_\_\_\_  
Date